

# Forgiveness

*Resources to help you go deeper*

## Professional Counselling

**Neil Harris Counselling**

[www.neilharriscounselling.com](http://www.neilharriscounselling.com)

**Valley Counselling**

[www.valleycounselling.com.au](http://www.valleycounselling.com.au)

## Coast Community Resources

**Chat with a Minister**

[Connect with one of our Ministers](#)

**Prayer Requests**

[Submit a prayer request](#)

**Contemplative Guide**

[Download the Contemplative Guide](#)

**Sermon Podcast**

[Listen to this week's message here](#)

## Other Resources

**Spiritual Disciplines Handbook — Forgiveness**

[Download the Forgiveness chapter](#)

**Everett Worthington - REACH forgiveness model**

<https://www.evworthington-forgiveness.com/>