## Kingdom Culture sermon on the mount series

## Oct 15th

## PERSONAL REFLECTION OR GROUP DISCUSSION

Matthew 6:28-34 - Don't be Anxious Pt 2

- 1. In Matthew 6:28-34, Jesus encourages us not to worry about our daily needs like clothing and food. How do you personally manage stress and anxiety related to these basic necessities in your daily life, and what insights from this passage can you apply to improve your approach?
- 2. Jesus mentions that the birds of the air do not sow or reap, yet God provides for them. How can we balance responsible planning and trust in God's provision in our careers, finances, and daily routines? Share examples from your life where this balance has been a challenge or a source of peace.
- 3. The passage talks about seeking the kingdom of God first. What does this mean to you, and how does it influence your priorities and decision-making in today's fast-paced world? Are there any practical steps you've taken to prioritize your spiritual well-being?
- 4. In verse 34, Jesus instructs us not to worry about tomorrow, as each day has enough trouble of its own. How do you interpret this teaching in terms of managing long-term goals and planning for the future while staying present in the moment? Share strategies you use to avoid excessive worry about the future.
- 5. Jesus compares the lilies of the field, which are clothed in splendor by God, to how God cares for us. How can we practice contentment and gratitude in our materialistic society, and what role does recognizing God's provision play in this?

- 6. Discuss the idea of "storing up treasures in heaven" mentioned in verse 20. How do you personally invest in spiritual and eternal matters, and how does this perspective affect your daily decisions and interactions?]
- 7. Jesus encourages us not to worry but to seek God's kingdom first. Can you share a personal testimony of a time when you chose to trust God in a challenging situation, and how did that decision impact the outcome and your faith? What lessons can others take from your experience?