

# CONTEMPLATIVE GUIDE



Jesus, our Rabbi, we come to walk with You.  
As we sit with Your parables of the Kingdom,  
slow us down, open our eyes, and let our  
hearts burn within us. Meet us in the  
listening, shape us as we go, and teach us to  
receive Your reign with confident hope.

## HOW TO USE THE GUIDE



# CONTEMPLATIVE GUIDE

JUNE  
WK 1



**THEME:  
EVERYTHING  
BELONGS TO GOD,  
NOT US.**

“

*Therefore I tell you that the kingdom of God will be taken away from you and given to a people who will produce its fruit. ”*

**MATTHEW 21:33-46**



Movement I

# REST + ATTEND

Settle yourself. Let comparison  
and striving fall away.

Pray gently: 

**Christ, the cornerstone,  
come and build your temple.**

Movement II

# LISTEN

**Read Matthew 21:33-46 slowly.**

Can you hear the:

- The repeated request from the servants for the fruit.
- Vineyard tenants making plans to take what was not theirs.
- Spirit testifying ultimate truth: Jesus is the cornerstone.



Can you hear the:

- The heart of God for His kingdom & it's people.
- Conversations of the Pharisees, making plans in hushed tones.

Hold the feelings that linger:  
surprise, offense, injustice.

## Movement III

# NOTICE

Read again and consider:

- The repeated effort of the vineyard owner to collect the fruit.
- What fear & control did to the vineyard tenants?
- The heart of the vineyard owner towards the vineyard & fruit that he sends his son.
- Christ as cornerstone of the Kingdom.

Let the parable unsettle familiar assumptions. Don't rush to answers.

## Movement IV

# BE READ

Read once more and turn the focus inward:

- Where am I located in this story?
- What control do I desire to have of the vineyard?
- Are my eyes open to hear the invitation of the vineyard owner?
- What fruit am I being asked to bear?
- What does it mean, personally, for Christ to be the cornerstone?



Gently wonder:

How is it that I can better  
align my life with God's

Movement V

# RESPOND + WALK ON

This week:

- Identify something that you may be controlling because of fear.
- Let it go.

Pray:

Christ – the cornerstone –  
I build my life on you.



# CONTEMPLATIVE GUIDE

JUNE 2026

WK 2



**THEME: BE  
FAITHFUL AND  
READY, FOR I AM  
FAITHFUL AND  
WILL COME**

“

*Therefore keep watch,  
because you do not know  
the day or the hour”*


**MATTHEW 25:1-13**



Movement I

# REST + ATTEND

Become still. Let any feelings of fear and anxiety subside, knowing that King Jesus is perfectly present to you right now.

Pray: 

***O God, your kingdom is eternal.  
Would you grace me with  
understanding.***

Movement II

# LISTEN

**Read Matthew 25:1-13 slowly.**

Listen for:

- What is foolish and what is wise
- The faithfulness of the Bridegroom
- The invitation to wait faithfully

## Movement III

# NOTICE

Read again and notice:

- What is the Bridegroom's intention?
- The women falling asleep
- The 5 women entering the banquet with the Bridegroom
- The desperation in the plea, 'Open the door to us!'.

*Yes, I am coming soon! Amen,  
Come Lord Jesus.*

*- Revelation 22:20*

## Movement IV

# BE READ

Read one last time and ask the Spirit to search your heart:

- What do you think waiting faithfully looks like?
- What happens in me when I read that 5 of the women were not ready?
- How does the invitation to the wedding banquet make you feel?

Gently ask:

- What if waiting is an invitation to know Jesus intimately.

Movement V

# RESPOND + WALK ON

This week:

- Spend 5 minutes in silence, waiting on the Lord.

Pray:

Come, Lord Jesus.

# CONTEMPLATIVE GUIDE

JUNE 2026

WK 3



**THEME:  
FAITHFULLY  
STEWARDING  
WHAT GOD HAS  
ENTRUSTED TO US.**

“

*Well done, good and faithful servant! – Come and share your Master's happiness.”*

**MATTHEW 25:14-30**



Movement I

# REST + ATTEND

Become still. Let yourself be held, not hurried.

Pray: 

Gracious & generous God, help me to use this time well.

Movement II

# LISTEN

**Read Matthew 25:14-30 slowly.**

Listen for:

- The Master's invitation to the servants
- The fear
- The joy.

## Movement III

# NOTICE

**Read again,** paying attention to:

- The faithful empowering Master.
- What fear does to that particular servant.
- The Master's happiness at seeing his gifts stewarded well.

Let the vision of the Master's happiness encourage you.

## Movement IV

# BE READ

As you read once more, pay attention to your own life:

- What is the most precious thing that the Master has entrusted me with?
- Which servant do I identify with?

Gently ask:

- Jesus, show me what it is to faithfully steward what you have given me.

Movement V

# RESPOND + WALK ON

This week:

- Give yourself space to recognise God's generosity.
- Keep 'faithful stewardship' in view everywhere you live, work, learn, play.

*Pray: Holy Spirit, lead me in all I say and do that I may bring glory to the Father.*

# WHAT IS GOD SAYING TO YOU?

As you reflect on this week...

What did your Rabbi say to you as you journeyed with Him?

What made your heart burn within you?

Do you sense that sharing your reflection might strengthen, encourage, or comfort our faith community?

If so, we would love to hear from you.

SHARE WITH US