



Kingdom Culture

sermon on the mount series

Oct 8th

PERSONAL REFLECTION OR GROUP DISCUSSION

Matthew 6:25-27 - Don't be Anxious Pt 1

1. How does Matthew 6:25-27 challenge our modern-day anxieties about material possessions and the future? Can you share a personal example of a time when you were anxious about these things and how you overcame it?
2. In these verses, Jesus asks us to consider the birds of the air and the lilies of the field. How can we apply this principle of trusting God's provision to our daily lives, especially in a culture that often prioritizes accumulation and success?
3. What are some practical ways we can seek God's kingdom and righteousness as mentioned in Matthew 6:33 in the midst of our busy lives? How does this lead to a life with less worry and anxiety?
4. Jesus tells us not to worry about tomorrow because each day has enough trouble of its own. How can we strike a balance between planning for the future and living in the present moment, as this verse suggests?
5. How does consumerism impact our ability to follow Jesus' teaching in these verses? What steps can we take to resist the constant pressure to accumulate more and trust God's provision instead?
6. Matthew 6:27 asks, "Can any one of you by worrying add a single hour to your life?" How does worry affect our physical and emotional health, and what are some practical strategies for reducing worry and stress in our lives?
7. Share a story of someone you know or admire who lives out the principles of Matthew 6:25-27 in a remarkable way. What can we learn from their example, and how can we apply those lessons to our own lives?