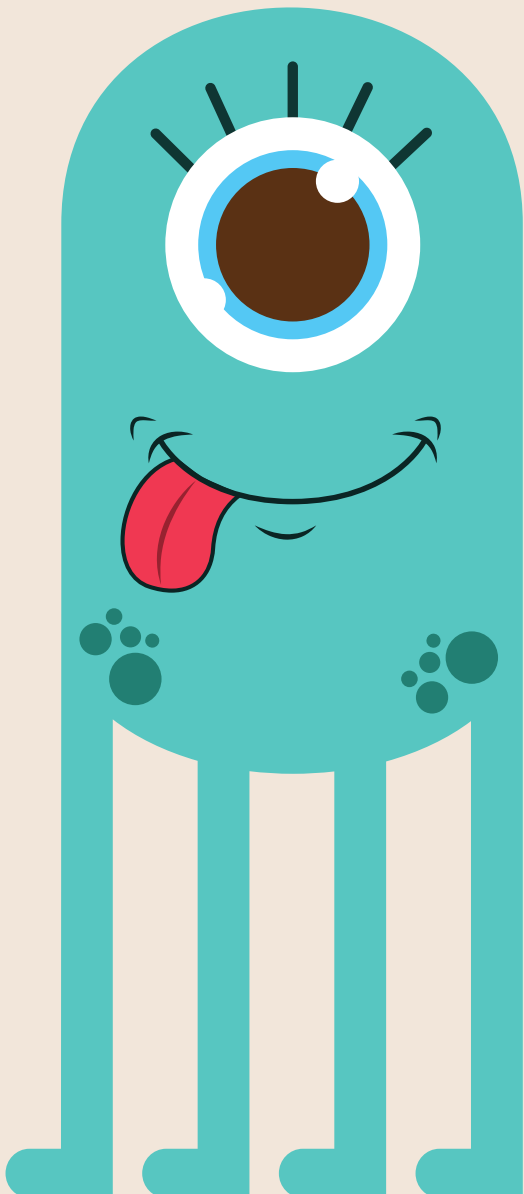


MY FIRST SOAP JOURNAL

& other Lockdown activities

BY _ _ _ _ _





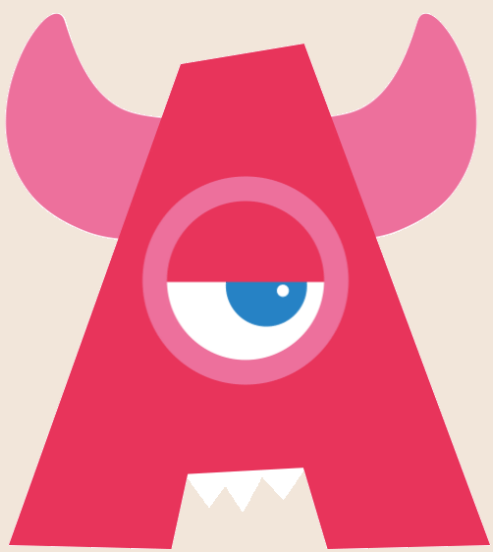
HOW TO SOAP



Scripture – Watch the Video and READ the verse of the week. Try reading it from a few versions. Write the verses or draw what happened on your SOAP under S.



Observation – What is the verse saying? How are people feeling? What is Jesus or God doing and saying? Why?



Application – God is everywhere and always with us. You can be anywhere and be with God. You can talk with God anytime. Where are places you like to be with God? How can you remember to look and listen to God everywhere you go?



Prayer – God is with us! Write out your desires and prayers of what you'd love to see Jesus do in you, in your family and in our world.

Wk 7

33 Anyone who accepts his testimony can affirm that God is true. 34 For he is sent by God. He speaks God's words, for God gives him the Spirit without limit. 35 The Father loves his Son and has put everything into his hands. 36 And anyone who believes in God's Son has eternal life.

John 3:33-36

**VERSE
OF THE
WEEK**



DATE:



S

Write out or draw the Verse of the week

O

What is God saying to you about this scripture?

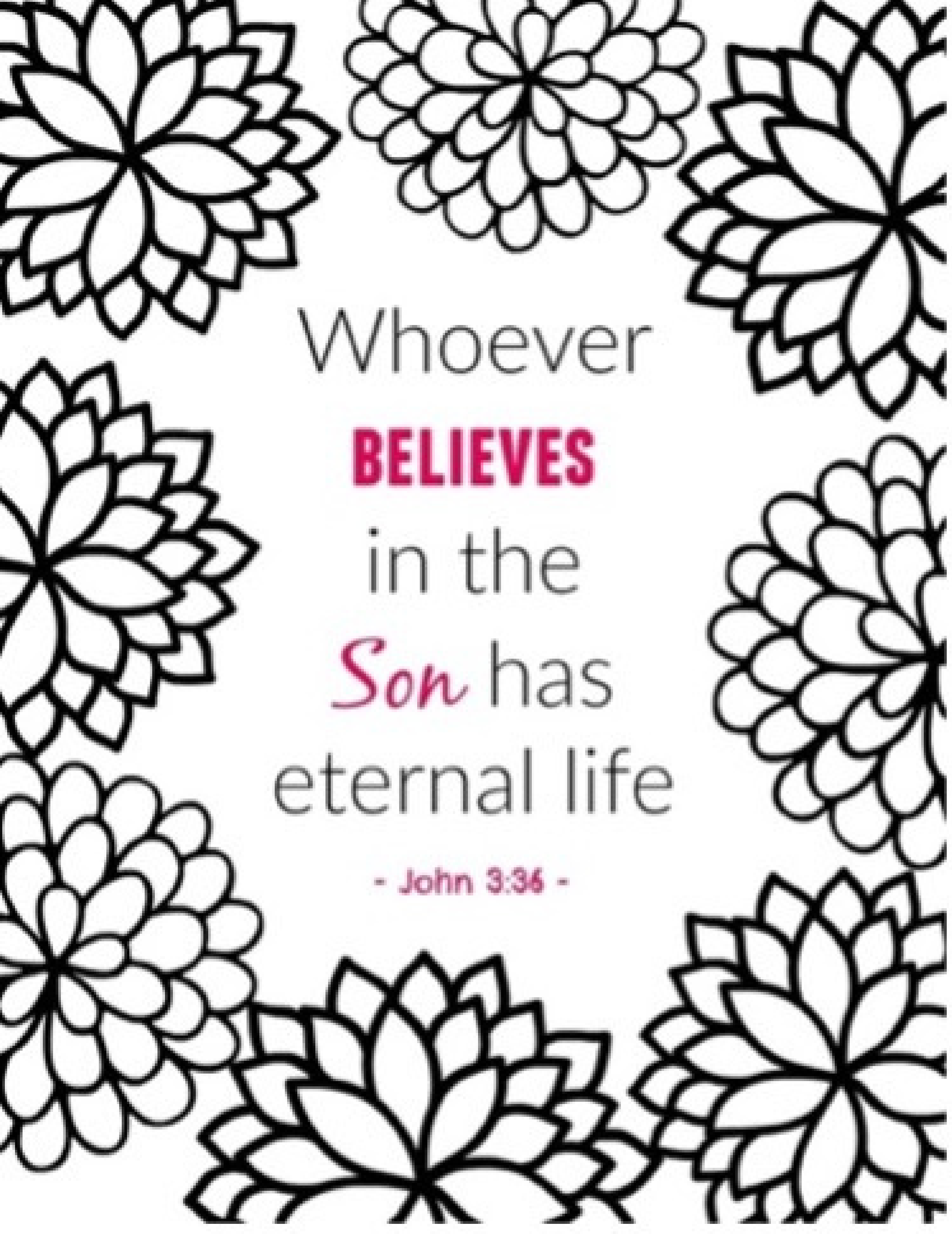
A

How does this scripture apply to your life

P

What is your prayer for today?

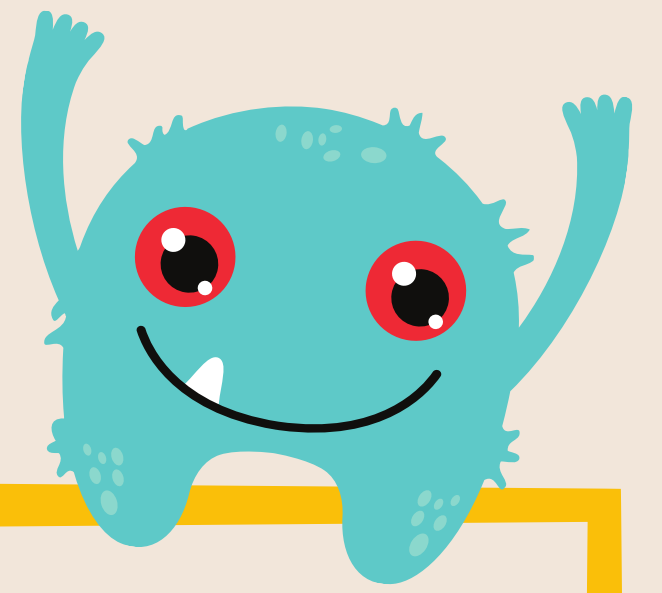
COLOURING ACTIVITY



Whoever
BELIEVES
in the
Son has
eternal life

- John 3:36 -

FAMILY TIME



ACTIVITY: **TRUST WALKING**

This activity only works when you commit to being trustworthy: keeping true to your word through your actions. Partner up and take it in turns to be blindfolded while your partner takes you by the hand around the house or backyard. Swap over and feel what it is like to believe. Even though you can't see what's happening, you believe that your family member will keep you safe.

DISCUSSION

Share about a time when a friend has not been trustworthy with you. What might be most exciting about believing in God? What is your favourite promise from Jesus?

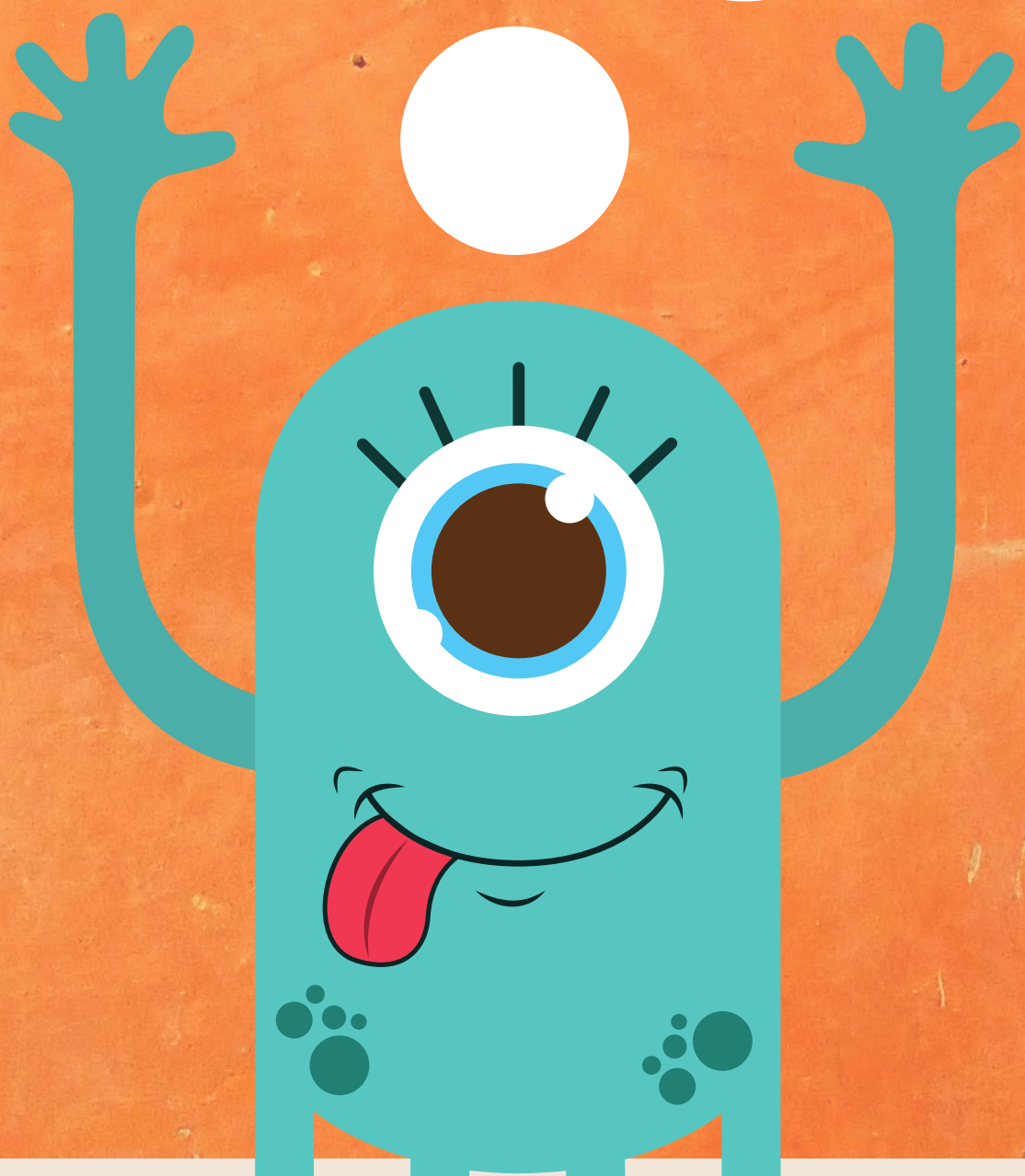


Wk 8

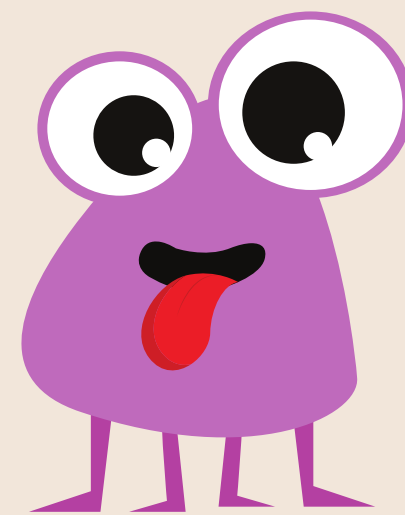
13 Jesus replied, "Anyone who drinks this water will soon become thirsty again. 14 But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life."

John 4:13-14

VERSE
OF THE
WEEK



DATE:



S

Write out or draw the Verse of the week

O

What is God saying to you about this scripture?

A

How does this scripture apply to your life

P

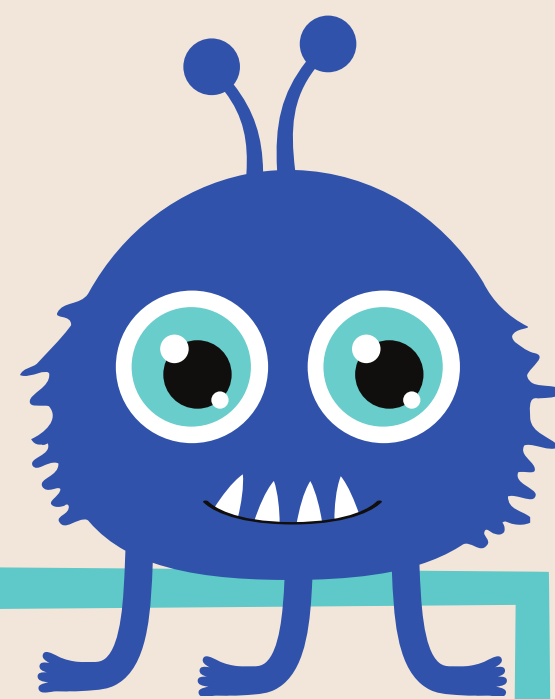
What is your prayer for today?

COLOURING ACTIVITY

Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water." John 4:10



FAMILY TIME

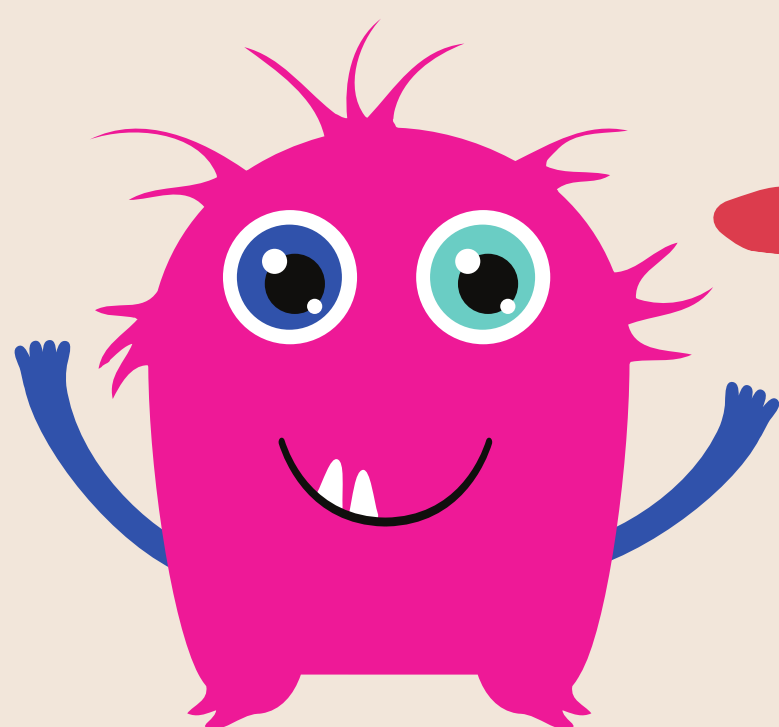


ACTIVITY: MOSAIC

Cut up some wrapping paper or used cards you've been saving. Glue these broken parts to make something new – your favourite animal, flower or landscape.

DISCUSSION

Name something that is more beautiful when it has been broken and put back together or restored? Why?



Wk 9

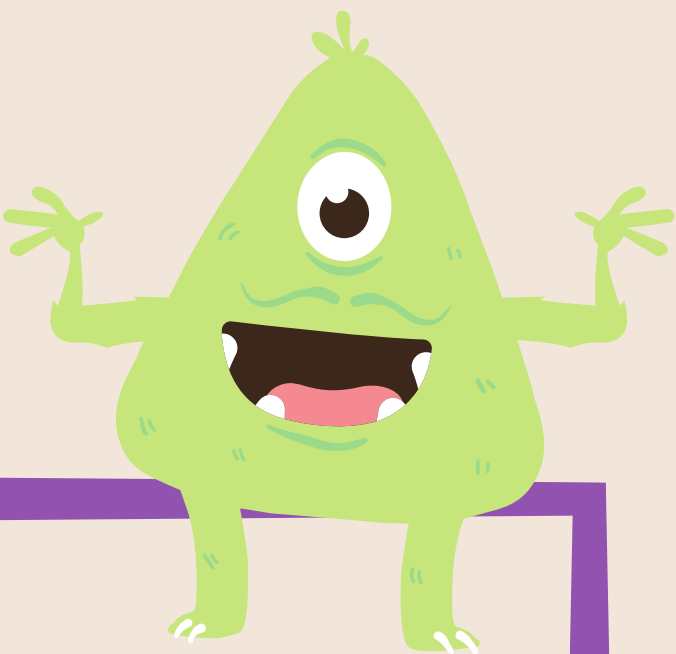
*35 I say, wake up and look around.
The fields are already ripe for
harvest. 36 The harvesters are paid
good wages, and the fruit they
harvest is people brought to eternal
life. What joy awaits both the
planter and the harvester alike*

John 4:35-36

VERSE
OF THE
WEEK



DATE:



S

Write out or draw the Verse of the week

O

What is God saying to you about this scripture?

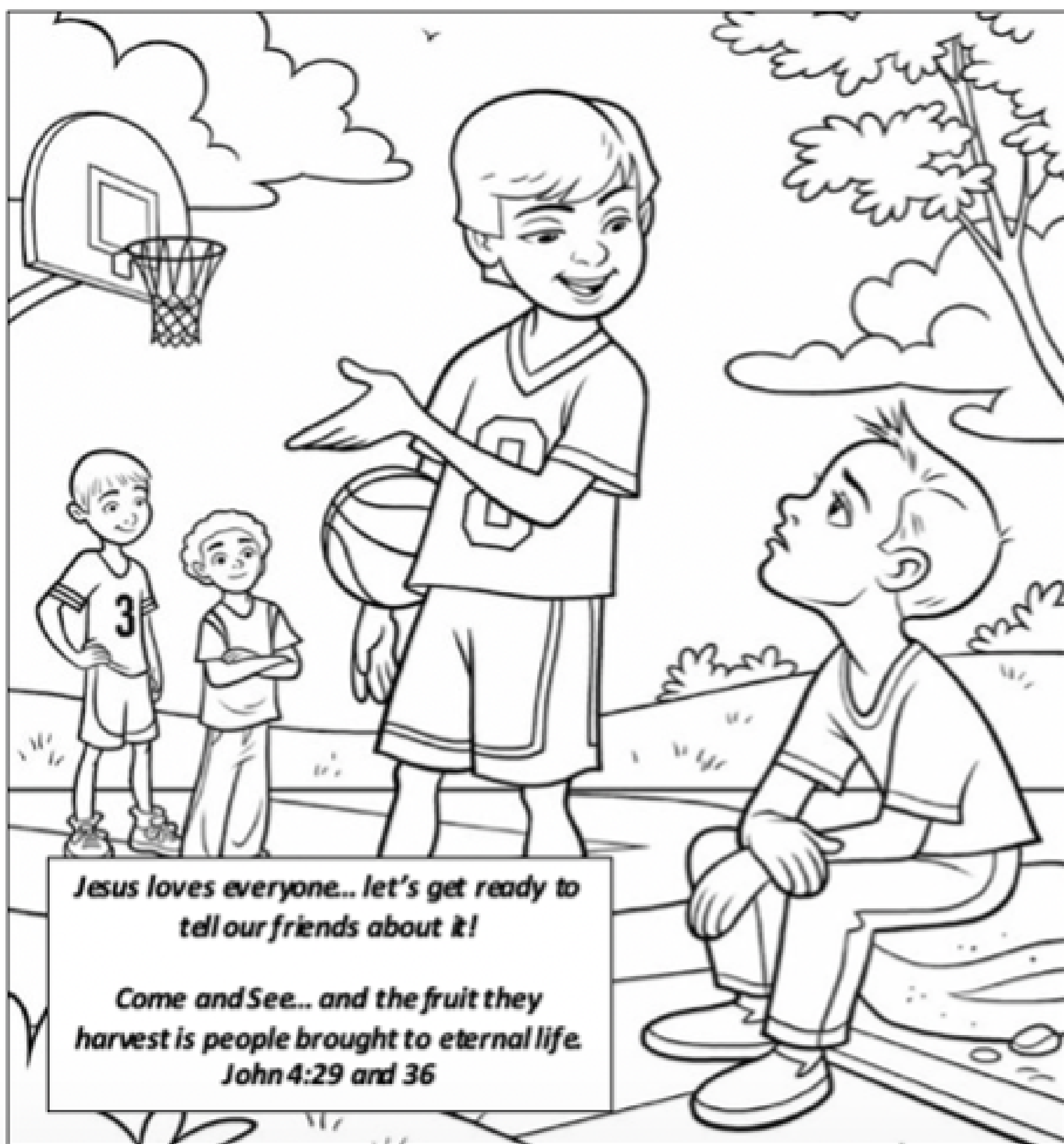
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How does this scripture apply to your life

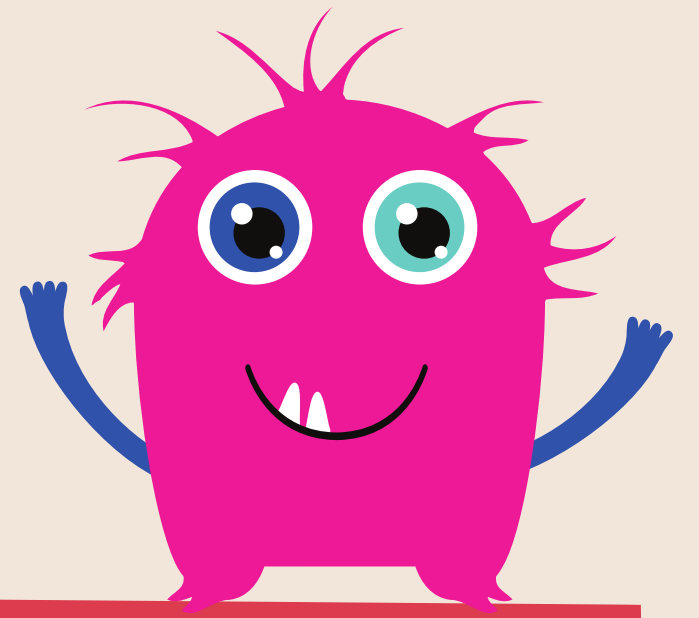
P

What is your prayer for today?

COLOURING ACTIVITY



FAMILY TIME



ACTIVITY: MOSAIC

Cut up some wrapping paper or used cards you've been saving. Glue these broken parts to make something new – your favourite animal, flower or landscape.

DISCUSSION

Name something that is more beautiful when it has been broken and put back together or restored? Why?



Wk 10

50 Then Jesus told him, "Go back home. Your son will live!" And the man believed what Jesus said and started home.

John 4:43-54

VERSE
OF THE
WEEK



DATE:



S

Write out or draw the Verse of the week

O

What is God saying to you about this scripture?

A

How does this scripture apply to your life

P

What is your prayer for today?

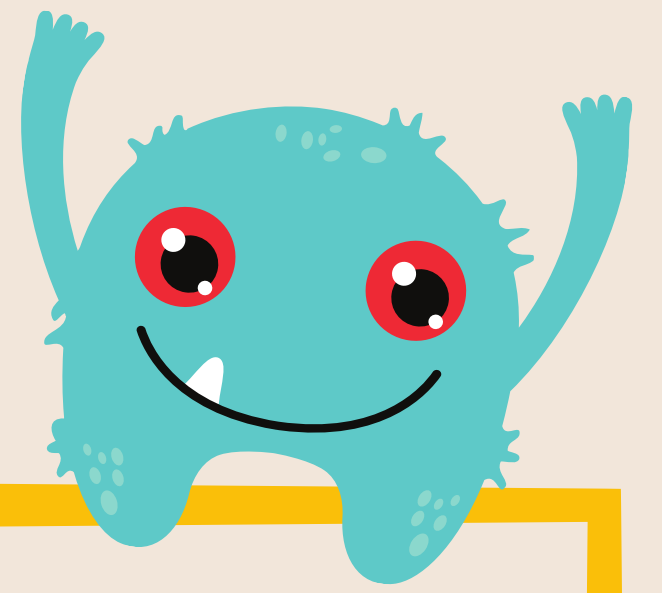
COLOURING ACTIVITY

The shapes in the box are hidden in the picture. Can you find them?



One time a royal official came to ask for Jesus' help. The man's son was very sick and he believed that Jesus could make the boy well. The man wanted Jesus to come to his house. But Jesus said, "You can go home. Your son is well." The man believed Jesus and went home to find that his son was fine!

FAMILY TIME



ACTIVITY: PLANTING

Time to get gardening! Grab a pot or any container, soil and herb/ flower seeds. Spend some time giving it the right conditions (Sunlight, water, soil, good seed) and wait for the flower to grow. Link: We're like the flower when we hear God's Word and believe His words to be true we have faith that what He says, He will do.

DISCUSSION

Have you heard of the phrase "actions speak louder than words?" Do you think it's true? What ways do you show actions that express love and kindness at home? What actions do I do that shows that I believe in Jesus?



